

# Lifebooks with Beth O'Malley M.Ed

*Making a Lifebook: The most important paperwork you'll ever do for your child!!*

Beth O'Malley, M.ED is a Social Worker from the Boston, MA area and is considered by many to be one of North America's leading authorities on LifeBooks. She is the author of *LifeBooks: Creating A Treasure For The Adopted Child*. Beth is joined by Betsy Scherl, avid scrapbooker and adoptive Mom to help get you started on your child's lifebook. Whether you are just starting your paperwork or your adoption was completed years ago--you are invited to join Beth O'Malley and Betsy Scherl for an afternoon that will get you on track to making this important tool.

**Saturday February 8<sup>th</sup> 1-4 PM**

**(Please register at 1:00 PM; seminar will start promptly at 1:15)**

**Location: Jan Hus Cxhurch ( first floor)**

**351 E. 74<sup>th</sup> Street ( between First and Second Ave) New York, New York**

Directions: Subway directions: Take the number 6 train to 77th street station, then walk two blocks east to Second Avenue, than walk down to 74th Street and turn left. The Jan Hus church is 2/3 of the way down the block on the left-hand side (north side) of the street. If folks are driving, they should just look around for either parking on the street or for a garage . . . there are numerous garages around.

**Attendance at this event is by advance registration only.**

**This is an interactive workshop and space is limited!!**

**Please complete and return this form by February 1<sup>st</sup> 2003**

**We are unable to 'hold' spaces with phone calls and emails, only by registration forms and funds received.**

**Please make send and cheque payable to:**

**Adoption Works 25 Harborview Ave Winthrop MA 02152 (1 800 469-9666)**

**Or contact Beth O' Malley at [lifebooks@earthlink.net](mailto:lifebooks@earthlink.net)**

**Betsy Scherl can be reached at 212 585-3411 or [betsymem@aol.com](mailto:betsymem@aol.com)**

**Registration on line will also be available on beth's website at [www.adoptionlifebooks.com](http://www.adoptionlifebooks.com)  
hit the training button**

Are you: Just starting out \_\_\_\_\_ File in process \_\_\_\_\_ Adoption complete \_\_\_\_\_

Country: China \_\_\_\_\_ Russia \_\_\_\_\_ US \_\_\_\_\_ Other \_\_\_\_\_

Age of child(ren): \_\_\_\_\_

Name(s) of attendees: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Cheque enclosed: \$35.00 x \_\_\_\_\_ persons = \$ \_\_\_\_\_

Credit card # ( master card/visa only) \_\_\_\_\_ expiration date \_\_\_\_\_

Name on card \_\_\_\_\_

Address \_\_\_\_\_

(This event is for adults only please. Thank you)

# What is a Lifebook?

A LifeBook is a record of an adoptee's life that uses words, photos, graphics, the child's artwork, and memorabilia. A LifeBook always starts at the child's birth. A LifeBook is more than a life story. It is a unique opportunity for parents to honour every minute of their children's lives. It is the single most meaningful piece of "paperwork" that any parent can complete. *A LifeBook is not a scrapbook. A Lifebook captures and records the information your child needs about his or her life.*

## At this workshop you will:

- ◆ Learn what goes into a LifeBook and why.
- ◆ Gain experience writing your own LifeBook pages.
- ◆ Hear Beth share her personal journey from foster care to adoption to adulthood.
- ◆ View LifeBook examples.
- ◆ Discuss special circumstances, relating to China, Korea, Vietnam, birth history etc.
- ◆ Leave inspired!!

### ◆ Others who have attended Beth's workshops have said:

- ◆ *"If you have the opportunity to go to one of Beth's workshops, do it! It was well worth the 150-mile round trip for me." Marion, West Virginia, April 2002*
- ◆ *"Your workshop was without a doubt the best I'd been to about presenting adoption issues-even if it did scare the hell out of me." Carol Culbeth, President, Washington D.C.'s Families with Children from China, Mar '02*
- ◆ *"Powerful and helpful." Open Door Conference, 2001*
- ◆ *"Keep telling your story-it will help many children."*
- ◆ *"Hearing her personal story made it 'real' how important Lifebooks are."*

To learn more about Beth O'Malley, LifeBooks, and LifeBook workshops see Beth's website  
[www.adoptionlifebooks.com](http://www.adoptionlifebooks.com)